Londoners are proud of their city and care deeply about its future development. This sense of mission has motivated more than one hundred citizens to participate in an extensive series of workshops and meetings over the past year. The Age Friendly Task Force speaks for seniors as well as many community stakeholders representing a great diversity of cultures, backgrounds and services.

The Age Friendly Task Force applauds Council for encouraging and supporting many community groups to participate in a broad process of consultation and the many citizens across the city who are participating in this process. Extensive consultation with the people who live here is indeed the best foundation for building the future of London.

Under the proficient and skillful facilitation of City of London staff, the Age Friendly Task Force has met formally for more than 30 hours over the past year as well as countless hours of study and conversation around the issues and challenges of fostering a more age friendly London.

The result has been the creation of many recommendations for action in eight distinct themes of enrichment of life and community experience in London. This document will provide Council with a 3 year road map to the future along with a toolkit of strategies and actions to transform plans to reality.

We are proud of our work. We do not see this report as the end of our task, but rather the beginning of the steps needed to succeed. Many of the recommendations are no-cost or low-cost and many involve the development of community partnerships. All are designed to increase the age friendly atmosphere of the City of London and to enhance the quality of life in London for all citizens.

With sincere anticipation,

The Age Friendly London Task Force
September 2012
OUR VISION OF AN age friendly LONDON

A diverse, vibrant, caring and healthy community which empowers all individuals to age well and have opportunities to achieve their full potential.

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Lynda Cowie  Jo-Ann Hutchinson  Doug Paterson
Lynda Leverton  Marnie Lennox  Deb Peckham

Older adult participants wishing to remain anonymous
What is Age Friendly London?

In 2010, London became the first city in Canada to join the World Health Organization (WHO) Global Network of Age Friendly Cities. Membership in the Network represents a city's commitment to improving its age friendliness, and to engaging older adults in the process.

In 2011, City Council established the Age Friendly London Task Force. The Task Force is a group of over 100 older adults, baby boomers, service providers, caregivers and other community members.

Over the past year, the Task Force has met on a monthly basis to develop a vision, strategies and action steps focused on improving the quality of life for older adults in London. The Task Force engaged a broader group of citizens and stakeholders throughout this process.

The Age Friendly London Action Plan is a road map for improving London's age friendliness over the next three years.

It builds upon the numerous initiatives already underway in London, and identifies that everyone in our community has a role to play in improving age friendliness.

did you know?
London's older adult population is growing at twice the rate of the overall population.

eight focus areas
the WHO defined these eight areas as being key elements of an age friendly city

Outdoor Spaces & Buildings
Transportation
Housing
Social Participation
Respect & Social Inclusion
Civic Participation & Employment
Communication & Information
Community Support & Health Services