April 8th, 2015 Kiwanis Seniors’ Community Centre
2:00 pm – 4:00 pm
Agenda

1. Welcome and Housekeeping
2. SHIFT London and London ON Bikes Presentation by Doug MacRae
3. Working Group Updates
4. 3:00 pm BREAK
5. Working Group Updates Continued
6. Wrap Up and Next Meeting Date
Welcome and Housekeeping

- Welcome to new and returning AFLN members
- Welcome to new Working Group Chair:
  - Vicki Mayer (Civic Participation & Employment)
- Application to the AFC Planning Grant for Evaluation
- New Age Friendly London staff position identified in 2015 budget
- AFLN Presentation to Community & Protective Services Committee
- Other Recent Presentations:
  - Ontario Parks Association Forum
  - Parks & Recreation Ontario Conference
  - Seniors & Healthcare Town Hall Meeting
  - Society for Learning in Retirement Annual General Meeting (Upcoming)
London SHIFT & London ON Bikes

Presentation by:

Doug MacRae
Division Manager,
Transportation Planning & Design
City of London
Working Group Updates
Southwest Community Centre, YMCA & Library to open in 2018. Open House for Community input on April 15\textsuperscript{th} at Westmount Mall

East Community Centre at East Lions Park advanced timing by 2 years to open end of 2018

Parks & Recreation Master Plan update
Outdoor Spaces & Buildings

Age Friendly Parks, Trails and Pathways

• 377 parks scored using the Age Friendly Checklist
• Working with Environmental Programs to encourage sharing and safety of pathways
• In motion promoted the use of parks in winter →
• Input into Community Gardens Strategic Plan
• 2 new gardens at Kiwanis and Hamilton Road
• Benches available on request at all community gardens
Age Friendly Business Sub-Group

• Checklist developed and being piloted
• Focus on education and benefits of being an “Age Friendly Business”
• Looking for new members
Transportation

Project with Western Students: Using London Transit Guide

• Project with Western Students CEL Global Health Promotion course
• Developed a booklet and “pocket guide” to educate older adults on using London transit
• Exploring options to translate document into other languages
• Also looking into getting the guide on the SouthWesthealthline.ca
Transportation

London SHIFT
• Engaging older adults in the conversation about rapid transit

LTC Town Hall Meetings
• Continuing LTC Town Hall Meetings

“Let’s Talk Transit” Public Open House:
TODAY – Wed April 8th
Goodwill Industries, 255 Horton St E
6-8pm
London Housing Workshops with Centre for Equality Rights in Accommodation (CERA)

- Wed April 22\textsuperscript{nd} – Session for Tenants, 6:30 pm – 8:00 pm Kiwanis Seniors Centre
- Thurs April 23\textsuperscript{rd} – Session for Service Providers, 9:30 am – 11:00 am, Kinsmen Recreation Centre

Investment in Affordable Housing Program

- Update on ON Renovates
Housing

Improving Awareness of Housing Options for Older Adults
- Update on Social & Affordable Housing Directory

Housing Model Best Practices
- Review of potential housing models completed
- Looking for student group to take this on as a project
Age Friendly Conference 2015
• Conference was a huge success!
• 400 attendees and 50 exhibitors

REXPO – Sat April 11th
• FREE event, 10 am – 2 pm, Kiwanis Seniors Centre
• Theme: “Be Inspired Before Retired”

Supporting the SNACs
• Finding new ways to support the SNACs and Seniors Satellites and to distribute information
Social Participation

ReCREATE London Mapping Project

- Sharing map of where older adult programs are in the city

Map of OA Program Locations
Please visit the Shift Booth in Lobby!

Back at 3:15 pm
Respect & Social Inclusion

Changing the Stereotypes of Seniors Campaign
• Documentary screenings *Grey Ambition* and *Grey Glory* scheduled for **Mon June 8th, Wolf Hall Central Library, 5 pm**
• Will also showcase the “Let’s STOP Ageism” Campaign

Intergenerational Gardening Programs
• There are a number of existing intergenerational gardening opportunities in London
• Inventory of gardening opportunities
• Gardens at Kiwanis and Hamilton Rd; new urban garden at John Paul II CSS
Respect & Social Inclusion

Educational Programs to Support Aging Family Members
• Developing content for an educational program
• Looking at one-time session with the option of creating a series

Recognizing the Accomplishments of Seniors
• Ontario Senior of the Year Award
• “Opportunity to honour one outstanding local Ontarian who after the age of 65 has enriched the social, cultural or civic life of his or her community.”
• More information to follow
Improving Employment Supports

- Completing an inventory of employment support agencies, resources, and projects

- Reaching out to the ESCLM to ask:
  - What programs or services do you provide that are geared specifically to the needs of the older worker (50+)?
  - What generic services do you provide that you feel meet the needs of this target group?
  - What percentage of clientele is over age 50?
“Benefits of Volunteering Video”
  • Video playing at the Byron Community Centre and plan to expand to other centres
Rogers Seniors’ Program – Episode on AFLN

- Filming completed on episode about the AFLN
- Includes interviews with Co-chairs from the eight working groups

AFL ‘Proud Supporter’ Badge

- Applications are available and ready to use
- Not for use by businesses at this time – Age friendly Business criteria being developed separately
- Application form available in hard copy and electronically
SouthWestHealthline.ca and Information London

- Promoting Information London along with the SouthWestHealthline.ca
- Exploring opportunities to host Age Friendly content on Information London

SouthWestHealthline.ca Information Session for Service Providers

- Held on March 4th with 13 organizations in attendance
- Opportunity to refine their profiles, learn, and network
Raising Awareness of the Senior Friendly Hospital Framework

• Co-chairs setting up meeting with Senior Friendly Hospital Coordinator to discuss implementation of the framework and identify ways to work together

Connecting with Service Provider Networks to Identify Points of Common Interest

• Networks include the Geriatric Cooperative, Community Supports Network, the Long Term Care Network, and others
Improving Access to & Awareness of Home Care

• Connected with Community Paramedics to share information on community supports and self-managed health programs

Improving Experience of the Healthcare System

• Working group will participate in new study by researchers at UH and Schulich School of Medicine

• Providing insight into older adults perceptions and attitudes towards advanced care plans
Next Network Meeting
Thursday June 25\textsuperscript{th}, 2015
1:30 pm – 3:30 pm*
Kiwanis Seniors’ Community Centre
*Please Note Meeting Time
Check [www.london.ca/agefriendly](http://www.london.ca/agefriendly) for upcoming meeting dates and notes